



Manchester and District Ladies' Cycling Association

Held Saturday 4th July 2015

Ladies Open Handicapped and Men's Invitation 10 mile Time Trial

*Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations.
Handicapped using standard tables.*

Results Sheet and Prize List

Ladies

Fastest	Sarah Storey	Pearl Izumi Sports Tours Int. BOBC	21:55	£15.00
2nd	Becky Lewis	Fibrax Wrexham RC	23:46	£14.00
3rd	Ruth Gamwell	Macclesfield Wheelers	25:17	£13.00
1st handicap	Becky Lewis	Fibrax Wrexham RC	14:33	*
2nd handicap	Samantha Hewitt	Team Glow	15:10	£12.00
3rd handicap	Karen Helsby	The Racing Chance Foundation	16:23	£11.00
4th handicap	Claire Harrison	Vision Racing	16:25	£10.00
Team	Ruth Gamwell & Claire Logan	Macclesfield Wheelers	50:48	£10.00 each
Fastest M&DLCA Vet on std	Jayne Dickens	Vision Racing	+2:54	Certificate

* One rider one prize, except team prize

Men

Fastest	Andy Robinson	Out Of The Saddle CC	21:49	£15.00
2nd	Tony Haley	Vision Racing	22:35	£14.00
3rd	Darren Topping	Leigh Premier RC	23:01	£13.00

Combined

Fastest	Andy Robinson	Karen Popplewell	47:33	£12.00 each
2nd	Tony Haley	Claire Harrison	48:30	£11.00 each
3rd	Darren Topping	Sharon Payne	48:40	£10.00 each

Ladies' Results

Pos	Name	Club	Std	+/-	H/Cap	H/Cap Time	Actual Time
1	Sarah Storey	Pearl Izumi Sports Tours Int. BOBC			5:24	16:31	21:55
2	Becky Lewis	Fibrax Wrexham RC			9:13	14:33	23:46
3	Ruth Gamwell	Macclesfield Wheelers	28:02	+2:45	8:10	17:07	25:17
4	Claire Logan	Macclesfield Wheelers	28:13	+2:42	7:41	17:50	25:31
5	Sharon Payne	Leigh Premier RC	29:03	+3:24	8:22	17:17	25:39
6	Jayne Dickens	Vision Racing	28:34	+2:54	7:38	18:02	25:40
7	Heather Bamforth	The Racing Chance Foundation			8:04	17:37	25:41
8	Karen Popplewell	Seamons CC	28:08	+2:24	6:24	19:20	25:44
9	Melanie Bailey	Vision Racing			7:31	18:16	25:47
10	Claire Harrison	Vision Racing	28:08	+2:13	9:30	16:25	25:55
11	Karen McBarrons	Kidsgrove Wheelers	28:08	+2:04	8:11	17:53	26:04
12	Joanne Harcourt	Stretford Wheelers	28:39	+1:37	9:21	17:41	27:02
13	Sarah Griffiths	Manchester Wheelers			10:16	16:49	27:05
14	Carole Sherrin	Westmead Team 88	28:48	+0:50	9:43	18:15	27:58
15	Gail Lowe	Lyme RC	28:34	+0:28	10:43	17:23	28:06
16	Katie Helsby	Sportcity Velo			11:06	17:15	28:21
17	Caroline Fearon	Weaver Valley CC	28:53	+0:17	7:51	20:45	28:36
18	Karen Helsby	The Racing Chance Foundation	28:48	-0:03	12:28	16:23	28:51
19	Sally Hurst	Para T			8:22	21:11	29:33
20	Jill Wesley	Macclesfield Wheelers	28:43	-1:36	10:30	19:49	30:19
21	Samantha Hewitt	Team Glow			15:24	15:10	30:34
22	Caroline Wareing	Preston CC			15:04	17:37	32:41
23	Jennifer Browning	Clevedon & District RC					37:18

Men's Results

Pos	Name	Club	Invited by	Actual Time
1	Andy Robinson	Out Of The Saddle CC	Karen Popplewell	21:49
2	Tony Haley	Vision Racing	Claire Harrison	22:35
3	Darren Topping	Leigh Premier RC	Sharon Payne	23:01
4	Dave Pargeter	Stretford Wheelers	Caroline Wareing	23:15
5	Jon White	Kidsgrove Wheelers	Karen McBarrons	23:30
6	Dave Fearon	Weaver Valley CC	Caroline Fearon	23:37
7	Roger Wrenn	Macclesfield Wheelers	Ruth Gamwell	23:46
8	Mark Williams	Manchester Wheelers	Jill Wesley	24:04
9	Ian Bracegirdle	Stretford Wheelers	Joanne Harcourt	25:39
10	Jamie Helsby	Sportcity Velo	Katie Helsby	25:40
11	Andrew Bramhall	Manchester Wheelers	Sarah Griffiths	25:47
12	Paul Jennings	Lyme RC	Gail Lowe	25:54
13	Jack Fearon	Weaver Valley CC	Jennifer Browning	26:21
14	Wayne Marchbank	Macclesfield Wheelers	Claire Logan	26:36
15	David Smith	Graham Weigh Racing / Deeside Olympic	Samantha Hewitt	26:58
16	David Houghton	Stretford Wheelers	Becky Lewis	27:05
17	David Steele	Lyme RC	Jayne Dickens	28:16
18	Stephen Helsby	The Racing Chance Foundation	Karen Helsby	28:56
19	Derek Hodgins	Stockport Clarion CC	Sarah Storey	29:10
20	Harry Cowley	Chester Road Club	Sally Hurst	29:22
	Fred Bamforth	Stretford Wheelers	Heather Bamforth	DNS (apol)
	Adam Bentley	Stretford Wheelers	Carole Sherrin	DNS (apol)
	Ian Middleton	Vision Racing	Melanie Bailey	DNS

Combined Results

Pos	Lady	Time	Man	Time	Combined
1	Karen Popplewell	25:44	Andy Robinson	21:49	47:33
2	Claire Harrison	25:55	Tony Haley	22:35	48:30
3	Sharon Payne	25:39	Darren Topping	23:01	48:40
4	Ruth Gamwell	25:17	Roger Wrenn	23:46	49:03
5	Karen McBarrons	26:04	Jon White	23:30	49:34
6	Becky Lewis	23:46	David Houghton	27:05	50:51
7	Sarah Storey	21:55	Derek Hodgins	29:10	51:05
8	Claire Logan	25:31	Wayne Marchbank	26:36	52:07
9	Caroline Fearon	28:36	Dave Fearon	23:37	52:13
10	Joanne Harcourt	27:02	Ian Bracegirdle	25:39	52:41
11	Sarah Griffiths	27:05	Andrew Bramhall	25:47	52:52
12	Jayne Dickens	25:40	David Steele	28:16	53:56
13	Gail Lowe	28:06	Paul Jennings	25:54	54:00
14	Katie Helsby	28:21	Jamie Helsby	25:40	54:01
15	Jill Wesley	30:19	Mark Williams	24:04	54:23
16	Caroline Wareing	32:41	Dave Pargeter	23:15	55:56
17	Samantha Hewitt	30:34	David Smith	26:58	57:32
18	Karen Helsby	28:51	Stephen Helsby	28:56	57:47
19	Sally Hurst	29:33	Harry Cowley	29:22	58:55
20	Jennifer Browning	37:18	Jack Fearon	26:21	1:03:39
21	Heather Bamforth	25:41	Fred Bamforth	DNS	
22	Melanie Bailey	25:47	Ian Middleton	DNS	
23	Carole Sherrin	27:58	Adam Bentley	DNS	

Many thanks to the timekeepers, and all the helpers who helped push off, marshal and serve refreshments, including Ian & Mavis Ross, Phil & Pam Fern, Mary Reid, Paul Dentith, Chris Ashworth, Marion Roberts, Carol Sherrin, Jo Harcourt, John Jackson and Martin Jackson.

Event Organiser: K. Jackson, 7 Burford Crescent, Wilmslow, Cheshire 01625 537401

Timekeepers: Mrs J Green & Mrs A Higginson

Each year, the M&DLCA awards several prizes and trophies to members of the M&DLCA and affiliated clubs, these are presented at our annual dinner dance in November. Any event on a '25' or '50' mile 'J' course counts for these trophies, as long as copies of the results sheet and entry form are sent to the M&DLCA BAR Secretary, K. Jackson, but the only counting '10' mile events are those organised by the M&DLCA. The onus is on the rider to submit, where required, copies of the entry form and results sheet to the M&DLCA BAR Secretary before 1st October of the current season.

*Visit our website at <http://www.mdlca.org.uk> for the latest news, results and photos
The Annual M&DLCA Dinner Dance and Prize Presentation will be held at the Alma Lodge, Stockport on Friday 20th November 2015.
We also have a Facebook page for photos and posts, and can even be found on Twitter @ManDLCA !*