



Manchester and District Ladies' Cycling Association

4th May 2013

Ladies Open Handicapped 10 mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations.

Handicapped using standard tables.

Run in conjunction with ABC Centreville

Results Sheet and Prize List

| | | | | |
|--------------------------------|------------------|------------------------------|-------|--------|
| Fastest | Sarah Byrne | Champion System/Maxgear/Base | 23:51 | £14.00 |
| 2nd | Joanne Blakeley | Champion System/Maxgear/Base | 24:25 | £13.00 |
| 3rd | Nicola Soden | Champion System/Maxgear/Base | 26:12 | £12.00 |
| 1st handicap | Joanne Blakeley | Champion System/Maxgear/Base | 16:29 | * |
| 2nd handicap | Nicola Soden | Champion System/Maxgear/Base | 17:08 | * |
| 3rd handicap | Sarah Byrne | Champion System/Maxgear/Base | 17:22 | * |
| 4th handicap | Heather Bamforth | Biketreks RT | 17:38 | £11.00 |
| 5th handicap | Helen Bailey | Lyme Racing Club | 17:41 | £10.00 |
| 6th handicap | Lynne Tennant | Wolverhampton Wheelers CC | 17:54 | £9.00 |

* One rider, one prize, except team

Fastest M&DLCA Vet on std Victoria Howarth Cheshire Roads Club +1:27 Certificate

| Pos | Name | Club | Std | +/- | H/Cap | H/Cap Time | Actual Time |
|-----|------------------|------------------------------|-------|-------|-------|------------|-------------|
| 1 | Sarah Byrne | Champion System/Maxgear/Base | | | 06:29 | 17:22 | 23:51 |
| 2 | Joanne Blakeley | Champion System/Maxgear/Base | | | 07:56 | 16:29 | 24:25 |
| 3 | Nicola Soden | Champion System/Maxgear/Base | | | 09:04 | 17:08 | 26:12 |
| 4 | Victoria Howarth | V Cheshire Roads Club | 28:19 | 1:27 | 07:12 | 19:40 | 26:52 |
| 5 | Heather Bamforth | Biketreks RT | | | 09:23 | 17:38 | 27:01 |
| 6 | Vicky Stinton | V Birkenhead North End C.C. | 28:02 | 0:32 | 07:33 | 19:57 | 27:30 |
| 7 | Caroline Fearon | V Weaver Valley CC | 28:49 | 0:59 | 07:26 | 20:24 | 27:50 |
| 8 | Rebecca Coram | Manchester Wheelers | | | NQT | - | 28:08 |
| 9 | Alice Leclercq | Manchester Tri Club | | | NQT | - | 28:18 |
| 10 | Helen Bailey | V Lyme Racing Club | 29:09 | 0:48 | 10:40 | 17:41 | 28:21 |
| 11 | Carole Sherrin | V Macclesfield Wheelers | 28:39 | -0:15 | 09:07 | 19:47 | 28:54 |
| 12 | Lynne Tennant | V Wolverhampton Wheelers CC | 29:20 | -2:34 | 14:00 | 17:54 | 31:54 |

DNS Alison Crutchley

Many thanks to David Lowe and all the ABC Centreville helpers, the timekeepers, and the M&DLCA helpers, who managed to refresh 140 riders plus the helpers, including Chris Ashworth, Marion Roberts, Margaret Perry, Mavis Ross, Carol Pardoe, Mary Reid and Alma Norris.

Event Organiser: K. Jackson,

Timekeepers: Celia Elliott & Gordon Perry

Each year, the M&DLCA awards several prizes and trophies to members of the M&DLCA and affiliated clubs, which are presented at our annual dinner dance in November. Any event on a '25' or '50' mile 'J' course counts for these trophies, as long as copies of the results sheet and entry form are sent to the M&DLCA BAR Secretary, K Jackson, but the only counting '10' mile events are those organised by the M&DLCA. The onus is on the rider to submit, where required, copies of the entry form and results sheet to the M&DLCA BAR Secretary before the 1st October of the current season.

Visit our website at <http://www.mdlca.org.uk> for the latest news, results and photos

Like us on Facebook <https://www.facebook.com/mdlca>

The Annual M&DLCA Dinner Dance and Prize Presentation will be held at the Alma Lodge, Stockport on Friday 15th November 2013